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**Friday's
Jackpot**

GOING GAGA FOR GRICKLE GRASS

ELECTRO-POP WHIZ RICH AUCOIN HEADLINES THE ANNUAL GRICKLE GRASS FESTIVAL AT THE CHILDREN'S MUSEUM ON SATURDAY — A BOOTY-SHAKING PARTY FOR KIDS OF ALL AGES

PAGE 11



'A regular average guy'

Widow shares memories of her husband as police arrest a second suspect in Hamilton father Tim Bosma's murder

PAGE 5

Less talk, more action

Mayor Joe Fontana says the city's job-creation engine is sputtering as politicians delay project after project

PAGE 4

Knights nightmare

Team members reflect on their humiliating 9-2 drubbing by the Halifax Mooseheads and vow to come out swinging

PAGE 22



Breast cancer find could lead to new treatments

Western University.

Researcher has discovered hormones that could fight the cancer and tumours



JOHN MATISZ
john.matisz@metronews.ca

The lead researcher of a Western University breast cancer study believes he has made "a major breakthrough."

John P. Wiebe, a professor emeritus and adjunct researcher in the biology department, has identified new hormones that "may suppress breast cancer and stimulate the regression of breast tumours."

His work was recently published in the journal

Receptor-negative

- Hormone receptor-negative breast cancers are characterized as lacking estrogen and progesterone receptors, which makes hormone therapy ineffective.

Breast Cancer Research.

"Basically, we've got the first explanation of what causes receptor-negative breast cancer," said Wiebe, a biologist at Western since 1972.

There are two types of breast cancer: Receptor-negative and receptor-positive. Receptor-negative cases, which Wiebe says have a higher mortality rate, do not respond to hormonal therapies such as Tamoxifen. That means patients are

forced into chemo or radiation therapy immediately.

But Wiebe's discovery could bring about advances in treatment.

"We have shown what these hormones are, and shown that there's a dramatic change in the concentration of them when the tissue changes from non-cancerous to cancerous."

It's the first time researchers have a possible explanation for what controls non-cancerous tissues in the breast. An understanding of how the non-cancerous components of the breast work should lead to new breakthroughs, Wiebe said.

"To understand normalcy might be as important as understanding cancer," he said.

About 1.4 million people are diagnosed with breast cancer each year.



Western University professor John P. Wiebe has identified hormones that could change the way some breast cancer patients are treated. ANGELA MULLINS/METRO

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Turn to page 8





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London West

Budget must pass before byelection is called, Premier Wynne says

Premier Kathleen Wynne says she won't schedule a London West byelection until the Ontario budget passes.

She says the minority Liberals need to get through the days of debate the budget motion and bill require before sending people to the polls.

But, Wynne says, she'd rather set the date before the Aug. 15 deadline.

The premier has the same plans for a vacant seat in Windsor.

The positions were emptied when London's Chris Bentley and Windsor's Dwight Duncan, cabinet ministers at the time, resigned in February.

The premier says it's just a coincidence that she's visiting both cities this week.

The New Democrats announced Tuesday that they'd support the budget and avoid a provincial election.

Wynne said her schedule was set before she knew what the New Democrats had decided to do.

But she remained tight-lipped about when voters in the two ridings may head to the polls.

"I can't pre-empt the process, but if I were a betting person — which I'm not — I'd say we'll want to announce sooner rather than later," she said.

THE CANADIAN PRESS



London-area MPPs Jeff Yurek, left, Teresa Armstrong and Deb Matthews are pictured Wednesday at city hall as they field funding requests from councillors. MARK SPOWART/FOR METRO

London politicians make Queen's Park wish list

Meeting with MPPs. Councillors, mayor highlight priorities

MARK SPOWART
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Money and jobs were among the big topics on the agenda Wednesday as Queen's Park came to London City Hall.

With local MPPs Jeff Yurek, Teresa Armstrong and Deb Matthews front and centre in council chambers, city politicians covered a laundry list of areas where they could use an extra hand.

Funding for public transit, arbitration reform and extra dollars for infrastructure projects were all top of mind.

That, and, of course, cracking the city's stubbornly high

unemployment rate.

"There is one overriding issue in London, and we can't hide the fact that 9.9 per cent unemployment rate is unacceptable," Mayor Joe Fontana told the trio.

Much of the discussion, which comes as the city prepares to file its budget request with the province, centered on planned upgrades to the Highway 401/402 corridor.

Municipal leaders are looking for speedy approval of the project, considered key to driving development and creating jobs.

Cutting through red tape that could bog the work down is critical, officials said.

Companies are realizing the difficulty in navigating traffic gridlocks in the GTA and are looking for options west of Mississauga through to Windsor,

Quoted

"Our last budget does have \$295 million earmarked for employment. We are now doing job roundtables across the province."

London North Centre MPP Deb Matthews on the province's commitment to fighting unemployment.

Coun. Joe Swan said.

The goal, he said, needs to be working "with all party support and commitment to focus on that corridor as the next best place for economic development."

Matthews, Yurek and Armstrong seemed to be on board with that idea, saying London is well positioned to benefit

from investments in the NAFTA superhighway. Matthews, a Liberal, said all of the improvement projects are on schedule to be completed in the next two to three years.

Yurek, a Conservative, and Armstrong, a New Democrat, meanwhile, called on the government to get its financial house in order.

"We do need infrastructure money," said Yurek, "and it needs to be there for the long term, so that municipalities can make long-term plans."

"But until money is freed up (as a result of eliminating Ontario's debt) that money won't be there."

Armstrong agreed.

"I can certainly see the value in those projects. I am certainly supportive of it, and as (Yurek) has said, it is certainly about 'show me the money,'" she said.

1 NEWS

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Westminster pool. Makeover nearly done



Westminster pool (650 Osgoode Dr.) is almost ready to make a splash. METRO

Crews are putting the finishing touches on a south London pool closed for upgrades last summer.

With some of the final paint being rolled on this week, Westminster pool will be ready to greet swimmers when summer arrives.

The 37-year-old facility has been given a nearly \$2-million makeover since it last welcomed swimmers. It is now heated, has a beach-style entry, diving area and wading area with features akin to those at a spray pad.

"It's a total transformation from what it was before," said

Lynn Loubert, the city's division manager for aquatics, arenas and attractions.

The remake is part of an ongoing overhaul of aging pools across the city.

Thames pool was the first to get attention, with work done in 2010. The watering holes at Gibbons and North-east parks were fixed up in 2011. The next project, at a site to be determined, will be taken on in 2015, Loubert said.

City pools are officially slated to open June 29. Thames, Oakridge and East Lions will be open weekends starting June 1.

ANGELA MULLINS/METRO

Port Stanley. Beach bums to pay parking fees

The next time you take a trip to Port Stanley you might consider packing a little extra cash into your beach bag.

Beachgoers will face parking fees this summer, effective from 10 a.m. to 5 p.m. daily through Labour Day.

Rates are \$2 per hour or \$10 for a day.

Revenue generated from the fees will pay for life-guards, beach cleaning and beach improvements.

While some business owners have expressed con-

Details

An annual pass for beachfront parking in Port Stanley is available for \$155.

- Visit centralelgin.org for details.

cerns the change will drive people away, officials say they can't keep wrapping costs of keeping the beach open into municipal budgets. METRO

What crash? Starbucks open for business

An 18-year-old London woman has been charged with careless driving for a crash that sent her car through the front window of the Starbucks at Richmond Street and Central Avenue. Police say the Tuesday crash happened after the woman ran a red light and was hit by an SUV. The Starbucks was boarded up but still serving up coffee on Wednesday.

ANGELA MULLINS/METRO



City's 'job-creation engine' stalled

Idling. Coun. Swan thinks a big part of the problem is staff changes, pressures

MARK SPOWART
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When politicians launched London's investment and economic prosperity committee 18 months ago, it was billed as the job-creation engine for the city.

Now, about 25 meetings later, it appears to be at a crossroads. With dozens of projects in the hopper — only a few of which have taken concrete steps forward — the commit-

tee is still struggling to find its footing.

It's something Coun. Joe Swan acknowledges and vows to fix.

"I think we have yet to collectively agree that we are going to focus on jobs for London," Swan said Wednesday.

"What I created last night is a project list of 25 ideas that will transform London and now I am asking people to focus on that list."

Frustrations have run high at the committee's last two meetings, with Mayor Joe Fontana telling city staff recently that he wanted action instead of reports on the status of various projects.

"I think there is a sense of frustration as to the processes that sometimes take way too

long," Fontana said this week. "The sense of urgency, from my point of view, is 9.9 per cent (unemployment) ...

"The fact is we can do a better job of co-ordinating our efforts to get these done."

A lot of the lag, Swan said, has been caused by changes — and pressures — within city hall.

Staff shuffling, bringing on a new city manager and council's focus on avoiding tax increases have all delayed action, he said.

"There have been 27 different people moved through (city hall) in the last 12 months," Swan pointed out.

"I think we are at the end of that agenda, and we really need pull in the same direction for job creation."

Committee

Some of the projects being tackled by the investment and economic prosperity committee include:

- Prepping more land for industrial development
- Building a downtown performing arts centre or expanding The Grand Theatre
- Helping Fanshawe College launch its downtown campus
- Redeveloping the London Hydro lands

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Widow Sharlene Bosma, top, attends a memorial service Wednesday for her late husband, Tim Bosma.
THE CANADIAN PRESS

Tim Bosma a 'regular guy', widow says

Memorial. Police have not disclosed an alleged motive in Bosma's killing, but people at a memorial focused on the senselessness of the father's death

Quoted

"Tim is my someone. He is my person, my other half."

Sharlene Bosma, widow of Tim Bosma

Tim Bosma was a joker, a mischievous man with a "crazy laugh," but most of all he was just a regular guy — and it cost him his life, family and friends said Wednesday.

There was standing room only in a banquet hall in Hamilton, where hundreds of people gathered to remember the 32-year-old father who was killed after taking two men on a test drive.

As the memorial concluded, police announced they had made a second arrest in the case.

Mark Smich, 25, of Oakville, was one of the men who went on the fatal test drive. He is due in court Thursday to face a first-degree murder charge.

A 27-year-old Toronto man, Dellen Millard, was already charged with first-degree murder, forcible confinement and theft of a vehicle.

Bosma's remains were found, burned beyond recognition, on a farm belonging

to Millard.

Police have not disclosed an alleged motive, but family and friends at the memorial service focused on the senselessness of the doting father's death.

"I know that there have been skeptics out there who seem unable to believe that Tim was not somehow involved in something," his wife, Sharlene Bosma, said. "This sort of thing doesn't happen in Canada and it doesn't happen to people like us."

Her husband, the father who took their two-year-old daughter to her swimming lessons and changed her first diapers with trembling hands, was a normal guy, she said.

"(He was) a regular average guy who loved his family and his friends, who worked hard," Sharlene Bosma said. "It is difficult to accept that this regular average guy did a regular average thing, which so many do on a daily basis, and it tragically cost him his life."

It is difficult to accept, she

said, because then it means it could have happened to anyone.

"But for me, it didn't happen to just anyone," she said, fighting back tears. "It happened to my husband and the father of our child. Tim is my someone. He is my person, my other half."

Though she and her husband knew almost immediately they were meant for each other, they were "just like every other married couple," with their struggles and spats, she said.

Those tensions seem trivial now, she said with a tearful chuckle.

"Right now, I would be so happy to have to pick his dirty socks off the coffee table, where he dumped them before falling asleep on the couch while watching the news, or take his dirty dishes from on top of the dishwasher and put them in the dishwasher," she said, drawing a laugh from the solemn crowd.

"Right now, if I had to do these two things that used to drive me crazy, it would make me the happiest woman in the world."

The family has set up a trust account where donations can be made for Sharlene Bosma and her daughter at TD Canada Trust branch 2047 account 6332096.

THE CANADIAN PRESS

Health unit takes on tobacco campaign

The Middlesex-London Health Unit is throwing the book at local convenience-store operators supporting an in-store marketing campaign that goes against the Smoke-Free Ontario Act.

The campaign's focal point is a petition, displayed on an electronic tablet, that urges customers to tell Premier Kathleen Wynne how contraband is hurting the retail industry.

The issue is the campaign's optics, said Linda Stobo, the health unit's manager of chronic disease pre-

vention and tobacco control.

Materials used in the campaign violate the Smoke-Free Ontario Act, which prohibits displays that promote cigarette use or show people smoking, she said.

"Research has shown any kind of promotion actually increases impulse buying," she said, explaining the rationale. "It promotes the availability of tobacco to young people. For those who are quitting smoking, it makes it much harder to resist the urge to buy tobacco."

The contraband tobacco

campaign includes messaging that encourages people to steer clear of contraband tobacco and buy cigarettes at retailers.

The health unit's recent weeklong clampdown included "educational visits" to several convenience stores.

It proved successful, Stobo said, with nearly all operators agreeing to remove the marketing material from displays.

A push by the Ontario Convenience Stores Association to rid the province of contraband cigarettes was



National Coalition Against Contraband Tobacco field survey representative Lily Alilovic, left, chats with Cindy Falardeau, 49, of London, last month.
METRO FILE

rolled out on May 13 in London and Windsor.

JOHN MATISZ/METRO

Cops: Driver who crashed car with kids was drunk

Provincial police say a woman who crashed a car with five children inside has been charged with drunk-driving offences.

Police say when they arrived on the scene Tuesday night in Thames Centre, just east of London, they found a damaged vehicle with a woman driver and five passengers.

One teen passenger was treated for a serious but non-life-threatening injuries at a London-area hospital. The

other children were treated for minor injuries and released at the scene.

During the course of the investigation, police say they discovered the driver had been drinking.

The 35-year-old mother, whose name hasn't been released, is charged with impaired operation of a vehicle causing bodily harm and exceeding 80 milligrams of blood alcohol content causing an accident with bodily harm. THE CANADIAN PRESS

Harper swears ignorance of \$90K bailout of senator

First public comments. PM says he would have denied chief of staff's donation if consulted

Prime Minister Stephen Harper's government deploys a vast early-warning communications system to warn of potential problems ahead.

But Harper insisted Wednesday that he learned about his right-hand man bailing out an embattled Conservative senator in much the same way as other Canadians did: by seeing it on the news.

"Immediately upon learning that the source was indeed my chief of staff, Nigel Wright, I immediately asked that that information be released publicly," Harper said at a news conference in Peru, the first time he's taken questions publicly on the scandal.

"Had I obviously been consulted, more importantly, I would not have agreed, and it

is obviously for those reasons that I accepted Mr. Wright's resignation."

Wright quit on Sunday as details emerged on him giving Sen. Mike Duffy \$90,000 to repay what he improperly expensed for housing. Duffy quit the Conservative caucus last Thursday.

Harper described himself as "sorry," "frustrated" and "extremely angry" about the whole mess, which has forced his government onto a defensive footing and threatens its carefully cultivated image as a pillar of accountability and sound financial management.

"But that is the reality and I think we've dealt with it promptly," he said.

The scandal is under investigation by the federal ethics commissioner; Duffy's expenses in particular are being reviewed again by an internal Senate committee.

The payment allowed Duffy to stop co-operating with the external audit of his expenses. **THE CANADIAN PRESS**



Stephen Harper said he is "extremely angry," but the mess was dealt with promptly. SEAN KILPATRICK/THE CANADIAN PRESS

Review

Wording changed in Senate report

The Tory-dominated, closed-door Senate committee studying Mike Duffy's improper housing expenses deleted a specific reference to his failure to co-operate with external auditors before releasing its report to the public.

Another section, describing the language that defines a primary or secondary residence as "unambiguous," was also deleted — but remained in the reports tabled on two other senators.

Duffy, meanwhile, said Wednesday he's pleased the same committee will be reviewing his expenses once again. **THE CANADIAN PRESS**

Toronto mayor's brother condemns crack craze



Mayor Rob Ford stayed silent on Wednesday. STEVE RUSSELL/TORSTAR NEWS SERVICE

Rob Ford's staunchest supporter attempted on Wednesday to quell the controversy raging around Toronto's mayor over his alleged use of crack cocaine by citing his record in office and blasting the media.

"Rob is telling me these stories are untrue, that these accusations are ridiculous," said Coun. Doug Ford.

"And I believe him."

Ford did little to douse the flames sparked by reports last week from the website Gawker and Torstar News Service. They say the mayor appears to have

been caught on video smoking crack and making homophobic and racist remarks.

The mayor's only comments came Friday, when he briefly called the allegations "ridiculous" and suggested Torstar was out to get him.

Instead, Doug Ford lauded his brother's achievements — such as balancing the budget — before lashing out at the media.

He accused reporters of going on a witch hunt, reserving his harshest criticism for Gawker.

"What you are doing is disgusting," Ford said. "Giving away prizes to try to raise money for drug dealers and extortionists is disgraceful."

Gawker has been trying to raise \$200,000 to buy and post the video, reportedly being shopped around by a west-end drug dealer.

"Never has a Canadian politician, or his family, been targeted by the media this way," Ford said. "They zealously stalk my mother, my children — the media hides in the bushes at our cottage." **THE CANADIAN PRESS**

Kicked off the team

In another blow Wednesday, the Toronto District Catholic School Board dropped the mayor as volunteer football coach of the Don Bosco Eagles.

- Ford allegedly disparaged the players in the video.
- The board made no reference to the drug allegations in a statement.

United Kingdom

Attackers butcher man on the street

In a brutal daylight attack in London, two men with butcher knives hacked another man to death near a military barracks Wednesday before police wounded them in a shootout.

In a shocking TV broadcast, one man gestured with bloodied hands, waving a

butcher knife and shouting political statements against the government as pedestrians stood near the body.

Officials said it seemed to be an act of terror, possibly motivated by radical Islam.

The two suspects remained hospitalized on Wednesday night, but their identities and that of the victim were not yet known. One of them was reported to be in serious condition. **THE ASSOCIATED PRESS**

Oklahoma

Tornado death, damage tallied

The tornado that tore through an Oklahoma City suburb hit or destroyed as many as 13,000 homes and may have caused \$2 billion in damage, officials said Wednesday.

State authorities meanwhile said two infants were among the 24 dead.

According to Oklahoma Insurance Department spokeswoman Calley Herth, the financial cost of the tornado in Moore could be greater than the \$2 billion from a 2011 tornado that killed 158 people in Joplin, Miss., which left a smaller trail of destruction.

Officials were unable to count the number of people left homeless, because many have been taken in by relatives. **THE ASSOCIATED PRESS**

New York City

The crotch-shot congressman runs for mayor

Anthony Weiner's run for mayor of New York City is officially on.

"I'm running for mayor because I've been fighting for the middle class and those struggling to make it my entire life," the ex-congressman



Anthony Weiner
THE ASSOCIATED PRESS

said late Tuesday. "And I hope I get a second chance."

Weiner is hoping to go from punch-line pol whose career imploded after a tweeted crotch shot two years ago to leader of America's biggest city. **THE ASSOCIATED PRESS**

Canada lifts ban on gay men giving blood

Canadian Blood Services. But new policy won't satisfy all critics with lengthy deferral period

Canada is lifting a nearly 30-year-old ban on gay men giving blood, though for the time being only those who

are abstinent will be allowed to donate.

The new policy, which Canadian Blood Services hopes to have in place by mid-summer, will allow men to donate blood if they haven't had sex with another man for five years before the donation.

The agency understands the length of this deferral won't satisfy all critics. But agency executive Dana De-

A step forward

"It is a step in the right direction regarding non-discrimination and stigmatization of gay men."

Dr. Mark Wainberg, McGill University HIV researcher

vine said this is the first step in what Canadian Blood Servi-

ces hopes will be a continued effort to work out what is the best approach to incorporating gay men into the donation community.

"So the message to them today is to simply bear with us," said Devine, vice-president of medical, scientific and research affairs at Canadian Blood Services.

"We are working toward attempting to make the op-

portunity for additional people to donate blood ... and we just aren't quite there yet for that group of people."

The policy change has been in the works for several years and has involved consultation with groups representing would-be donors as well as hemophiliacs who rely on blood transfusions and those who could be harmed if screening systems aren't ad-

equate to keep pathogens out of the blood supply.

Health Canada gave approval to Canadian Blood Services and its Quebec equivalent, Hema-Quebec, on Wednesday.

In Britain and Australia, gay men who haven't had sex with other men for at least a year are eligible to donate. But the United States still retains a lifetime ban.

THE CANADIAN PRESS

Violation of rights

Pussy Riot band member goes on hunger strike

An imprisoned member of the punk band Pussy Riot says she is going on hunger strike after a judge refused to allow her to attend a court hearing where she was seeking release on parole.

Maria Alekhina, watching the trial from prison via video link, ordered her defence not to participate in the hearing, saying the court was violating her rights. THE ASSOCIATED PRESS

Ban against gays

Boy Scouts to vote on allowing gay members

The Boy Scouts of America will convene a two-day meeting of 1,400 local leaders to consider changing its long-standing ban on allowing openly gay boys to don the Boy Scouts uniform.

Officials of the Irving, Texas-based organization are scheduled to open the first of the ballots cast on whether to allow openly gay Scouts.

THE ASSOCIATED PRESS



Getting a new face

A 33-year-old Polish man whose face was torn off by stone-cutting machinery gives a thumbs-up gesture on Tuesday, six days after undergoing a total face transplant in Gliwice, Poland. Doctors at the Cancer Center and Institute of Oncology in Gliwice said it was the first time a life-saving face transplant was carried out soon after a recipient suffered damage. THE ASSOCIATED PRESS

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Economic impact

Housing slowdown
could cost 150K
jobs, group warns

Canada's housing market is slowing dramatically in terms of both sales and construction, dragging down economic growth and putting some 150,000 jobs at risk in coming years, the Canadian Association of Accredited Mortgage Profes-

sionals warns in a report.

The group stops short of calling the slide that began about nine months ago a crash, but CEO Jim Murphy says policy-makers should stop trying to tighten lending rules further and start thinking about helping for first-time purchasers. "They've gone enough in terms of regulatory changes and we're seeing a real slowdown in the overall housing market," he said.

THE CANADIAN PRESS

Market Minute



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Eatery owners demonstrate how not to behave online

Social media. Arizona restaurateurs' poor conduct highlights the importance of dealing with negative reviews

It was the customer service disaster heard around the Internet.

A Scottsdale, Ariz. restaurateur, fed up after years of negative online reviews and an embarrassing appearance on a reality television show, allegedly posted a social media rant laced with salty language and angry, uppercase letters that quickly went viral last week, to the delight of people who love a good Internet meltdown.

"I AM NOT STUPID ALL OF YOU ARE," read the posting on the Facebook wall of Amy's Baking Co. in Scottsdale, Ariz. "YOU JUST DO NOT KNOW GOOD FOOD."

It was, to put it kindly, not a best-business practice. Add to that an appearance earlier this month on the Fox reality TV show *Kitchen Nightmares* — where celebrity chef Gordon Ramsay gave up on trying to reform the restaurant after the owners refused to listen to his advice — and you have a recipe for disaster.

"That's probably the worst thing that can happen," said Sujan Patel, founder and CEO of Single Grain, a digital marketing agency in San Francisco.

In the evolving world of online marketing, where the power of word of mouth has been wildly amplified by the whims and first impressions of anonymous reviewers posting on dozens of social media websites, online comments, both good and bad, and the reactions they trigger from managers, can make all the difference between higher revenues and empty storefronts.

THE ASSOCIATED PRESS



Amy's Baking Co. in Scottsdale, Ariz., temporarily closed after an episode of *Kitchen Nightmares* aired. THE ASSOCIATED PRESS

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MY GOOGLE GLASS IS HALF EMPTY

Attention early adopters: Google Glass is on its way, and the new wearable technology is going to completely revolutionize the way that humans irritate each other.

The computer/eyeglasses hybrid hasn't yet been released to the general public, but Google Glass is already at the centre of the great debate that accompanies the arrival of any major new technology.

Namely: Is it a force for evil, or for good?

Is Google Glass a further erosion of our privacy, like CCTV cameras or the mirror? Or is it a great tech leap forward, like the jump from Nintendo to Super Nintendo?

My best guess? Neither. There will be a few innovative uses, sure, and a few major misuses, and a totally disproportionate amount of porn.

But I suspect people who think there will be life-altering repercussions might find that there's a Glass ceiling to be hit.

I've seen the glasses described as "augmented reality," which seems like a bit much. It's not as if it will provide a holo-



HE SAYS
John Mazerolle
metronews.ca

deck-like experience, allowing you to walk the vast empty expanse of Google Plus in 3D.

Google Glass is, for all intents and purposes, just a hands-free iPad.

Which is why I say its major impact will be providing innovative ways for people to irritate each other.

Look deep into the crystal (display) ball and you'll see what I mean:

- First the general public will scoff at the early adopters standing in line on Opening Day, then the early adopters will roll their eyes a few months later as moms and dads buy each other Google Glasses for Christmas

- Eventually there will be different styles and capabilities of Google Glass, and they'll become status symbols, with each clique annoyed that the other owns the device for the "wrong" reasons. Presumably the hipster Google Glasses won't even have lenses.

- There will be some anti-Glass protest groups decrying the end of privacy. They will make many good points, but they'll also be so smug and self-important that you'll be glad their cause is hopeless.

- One moronic motorist will, say, drive into scaffolding while playing Angry Birds on his glasses, setting off numerous idiotic political debates that will accomplish nothing. A U.S. senator will say something about the glasses that show he has not used a new piece of technology since the Vic-20.

- Once the device is ubiquitous, it will be hard to tell whether random people are Googling, which means Google Glass will combine the phone app annoyance of being ignored, with the phone call frustration of hearing only half a conversation.

In short, these new Portable Annoyance Devices, or eye-PADS, will be deeply irritating at times. But they're not going to hasten the end of civilization, either, and you'll probably own one eventually.

Like all technology, Google Glass will only be as good or as bad as the humans who wield it. So we probably are doomed. But only to disappointment. Google Glass half full?

ZOOM

These automatic flowers will do



LAURA HENDRIKS/WIM NOORDUIN

Microscopic crystals bloom in beaker

Scientists at Harvard University have been able to grow microscopic crystals into dainty "flower" structures on a beaker of chemical fluid.

Dr. Wim Noorduyn and his team at the Harvard School of Engineering and Applied Sciences (SEAS) found they can control the growth

behaviour of crystals to create intricate molecular objects. Two chemical compounds are dissolved in water in a simple glass beaker.

As CO₂ enters the beaker from the air, it triggers reactions that result in forming microscopic objects, a process that takes up to four hours.

"By manipulating the mixture's conditions, like

adding some acid or kitchen salt, a large diversity of shapes — from vases to corals — can be made," says Noorduyn.

"When zooming in using an electron microscope, you see that inside the beaker a vast landscape of complex, sculpted microstructures has evolved in which you can get completely lost. It really feels like you are diving in an alien coral reef," he added. **METRO**

Petals in zoom

50

micrometres (0.00005 metres) is the size of one "flower" — equivalent to the width of six red blood cells, or smaller than the thickness of a bank note. While Noorduyn admits that "there are no practical applications yet," making these aesthetically pleasing objects "moves towards the control that is required for many practical applications, such as optical materials and catalysts."

Click bait



HANNAH ZITNER
hannah.zitner@metronews.ca

Just in time to start tabling your summer travel plans, a new gastro-site is helping connect tourists with local foods. Imagine Airbnb meeting Feastly, and you get the idea: **Cookening.com** is a site dedicated to matching eager chefs with hungry tourists (though locals are invited, too). **Cookening** doesn't have what you're looking for? Try these similar sites:

EatWith.com
Your taste buds will be tickled in New York, Spain and Israel with this site.

Kitchen.ly
This one transforms the dining experi-

ence by allowing users to register as cooks.

Eatfeastly.com
Chefs in Canada and the U.S. participate in this foodie frenzy.

Twitter

@metropicks asked: Are you worried about Canada's reputation abroad because of Rob Ford?

@joshmcconnell: A prominent appearance on The Daily Show with Jon Stewart means we have made it. People know it is an outlier situation anyway.

@A_McDo: No, the world will soon return to never, ever thinking about Canada.

@NikkiLambTudico: I'm not worried. Firstly, he doesn't represent all of Canada. Second, no country is immune to

idiotic politicians. #dimeadozen

@FrenchmanCanada: I'm more worried about the allegations being true.

"I don't care what they say about me as long as they spell my name correctly." - Canada

@RealMarcDunn: It's sad that one of the most diverse & wonderful cities elected a mayor who continues to exemplify everything Canada is NOT.

Follow @metropicks and take part in our daily poll.

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Send us your comments: londonletters@metronews.ca

IT'S NEVER JUST A JOB

rookie blue

SEASON PREMIERE TONIGHT 10.00 PM



ICF *films*



A night at the museum

Grickle Grass Festival.
Among the artists
performing is electro-
pop whiz Rich Aucoin



**BACKSTAGE
PASS**
Mila Petkovic
london@metronews.ca

For one special night, the rooms and corridors of the London Regional Children's Museum will come to life as a musical venue where kids of all ages can come out and play.

Saturday's Grickle Grass Festival offers a full day of family programming — including a collage party, a magic show and cooking workshop with Growing Chefs! Ontario — and a blow-you-away musical line up.

Halifax's electro-pop whiz Rich Aucoin — known for his wild concerts — is the night's featured musical act.

Using props like rainbow parachutes and confetti guns, along with crowd surfing on surfboards, Aucoin knows how to get his audience involved.

"I'm really focused on creating a lot of interaction, instead of people just watching me do something alone on stage," says Aucoin. "I really like when shows bring people together. The energy is exciting."

Making his live show even better are the songs from Aucoin's *We Are All Dying to Live* album, which features 500 guest musicians.

"A lot of the energy comes from reminding yourself how lucky you are to be alive ... It makes each day less mundane if you are caught in a rut," says Aucoin, who has faced several near-death experiences while surfing and biking across Canada to raise money for Childhood Cancer Canada.

His next album, *Ephemeral*, syncs up to the animated version of *The Little Prince*. The album, like the book, deals with themes of friendship, being responsible in our relationships to one another and the absurdity of life.

Toronto's industrial surf-gaze trio Odonis Odonis is another band to look out for at Grickle Grass. The up-and-coming group just got back from a U.S. tour with the punk-noise band Metz to showcase their new album *Better*.

Other musical acts set to rock the festival include Montreal's soul-synth minimalist A K U A and Each Other with their decidedly psychedelic reveries; London's own Grey Kingdom and Marty Kolls; lo-fi noise-pop band WTCHS from Hamilton, Ont., and surf rock group The Legato Vipers of Guelph, Ont.

Doors open at 8 p.m. Tickets are \$20 in advance and \$25 at the door with proceeds going to Growing Chefs! Ontario and the London Regional Children's Museum.

Day programming is regular museum admission.

For more information, visit gricklegrassfest.com.

Around town

- **On stage.** James Reaney's play, *The Easter Egg*, shows at The Arts Project (203 Dundas St.) May 24, 25, 29, 30, 31 and June 1 at 8 p.m. Shows are also planned at 2 p.m. May 25 and June 1. Tickets are \$15.
- **Tunes.** Michael Feuerstack (Snailhouse) and Neil Haverty (Bruce Peninsula) are playing a patio party at APK (347 Clarence St.) at 7 p.m. Friday. Cover is \$7.



Halifax musician Rich Aucoin is the featured act at Saturday's Grickle Grass Festival. COURTESY OF SCOTT MUNN

2 SCENE



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French electronic duo Daft Punk keeps robot image, try new sound



Daft Punk's new album *Random Access Memories* is getting mixed reviews after being released earlier this week. MATT SAYLES/THE ASSOCIATED PRESS

New album. There are mixed reviews for *Random Access Memories* as the dance music crew tries to expand musically with fourth album

It's tempting to say Daft Punk has gone Hollywood. The influential French electronic duo crafted its first film score, for *Tron: Legacy*, three years ago and are now releasing a well-financed, smartly-hyped pop album featuring what they call an ensemble cast of contemporary singers and veteran musicians.

There's long been a show-biz bent to the work of Thomas Bangalter and Guy-Manuel de Homem-Christo, who for the last 13 years have hidden their faces in public appearances by wearing robot helmets and costumes.

Bangalter compares the mystique-building masks — echoed by musicians including Deadmau5 and MF Doom — to an ever-evolving comic book superhero who starts as a side story “then maybe 50 years later it becomes like a big franchise movie in Hollywood.”

Yet Daft Punk's new album *Random Access Memories*

Like film directors

They started with several days of jam sessions in Los Angeles, then spent four years layering sounds, editing, rearranging and re-recording.

- **Quote.** Bangalter compares the duo to a film director “shooting for months and months, stopping sometimes to do reshoots and then lots of editing.”

isn't the special effects-filled summer blockbuster you might expect. The group that helped popularize electronic dance music in the United States has used almost exclusively live instrumentation on the 13 songs, many modeled on the easygoing groove of late 1970s pop and disco. At a time when drum machines and urgent computer-generated chords dominate the charts, Daft Punk went the opposite direction.

“Human voices in pop music are becoming more and more robotic,” Bangalter said. “(The album) is a robotic project and a technological one that is trying to get more and more human.”

Through arranger Chris Caswell, the group linked up

with players who could evoke their favourite music from Chic, early Michael Jackson, Steely Dan, Fleetwood Mac. Chic's Nile Rodgers, drummer JR Robinson and bassist James Genus lay the musical bed for vocalists including Julian Casablancas, Panda Bear from Animal Collective and Pharrell. It's a long way from the two-man home studio productions that defined the first three Daft Punk albums.

“Making music with musicians and bringing back a certain craftsmanship, that was totally unfamiliar for us. It was somehow a certain fantasy,” Bangalter said. “It's funny because it was somehow a luxury to be able to do that. But at the same time it was not a comfortable position.”

Early response has been mixed to the hotly anticipated album, which streamed on iTunes prior to Tuesday's release. “This album makes me not like L.A.,” DJ-producer Diplo tweeted. “These guys are way smarter than me. I'm definitely missing something.” Billboard called the album “messy” but said it was “fantastic to hear these masterminds trying again,” while Pitchfork praised its musicianship and “amazing level of detail.”

THE ASSOCIATED PRESS



Somali-Canadian rapper K'naan is taking a fresh approach to making music. GETTY IMAGES

Waving a white flag on chasing his fame

Canadian music. K'naan working on new songs after deriding 2012 album for chasing U.S. success in the wrong places

Somali-Canadian rapper K'naan says lingering disappointment over his last album is pushing him to write and release a new batch of songs. The Wavin' Flag musician says he's found renewed focus to "be honest" in his work, after playing it too safe with 2012's *Country, God or the Girl*.

K'naan says from Los Angeles that he's writing new material he hopes will be ready this fall.

His disdain for last year's disc was laid bare in a New York Times opinion piece published in December 2012.

K'naan began that 1,200-word article by saying: "Here is a story about fame," and went on to recount label pressure to cater his dense global rhymes to a pop-loving female, teenage U.S. audience.

K'naan, who draws much of his inspiration from his

troubled homeland, now says he's been thinking a lot about the artist he wants to be and the kind of music he wants to make.

"It's a very instinctual album (there's), not a lot of mulling over it," K'naan says of the new songs.

"I just felt like I had to do things this time around that felt pretty urgent to me."

And he is hoping to get the material out into the world as soon as he can, he admits, largely because of regretful choices made with *Country, God or the Girl*.

"The rush is that I didn't really like that album so much, so I think that that's the experience — the reflection of the album I put out has caused me to put out another one," he says of last

year's disc, which nevertheless earned respectable reviews.

"It's not even a mechanical thing; it's the urge to explain the dynamics of things and try to be honest about where I'm at, what my life is and also the difference between writing music that you could write and music that you should write."

In the Times piece, the rapper recounts meeting label executives to discuss how to keep his U.S. audience growing. Their main advice? Change his lyrics because "radio programmers avoid subjects too far from fun and self-absorption."

"And for the first time, I felt the affliction of success," K'naan writes.

THE CANADIAN PRESS

Take chances

These days he says he needs to "be honest about things and not necessarily be safe."

- **Quote.** "My previous work — with the exception of the last record — you wouldn't call those songs safe, you know," he

continues. "They weren't structured around any kind of a pop success or idea around success. They were just what one thought they had to do or say. I think that's kind of like the journey I'm on at this point."

Sad-sack singer strums his tune of resignation

Music. Indie-rockers the National argue against reputation for sad music and admit, at this point, there isn't much they can say to change opinions

The National's frontman Matt Berninger has heard so many times in so many ways that his band's songs are sad that it eventually became a bit of a bummer.

Even in resoundingly upbeat reviews the indie-rockers have amassed over the years, rock scribes have dug deep for new and creative ways to describe the band's admittedly moody tunes. Rolling Stone recently referred to the Cincinnati-reared, Brooklyn-based rockers as "indie-rock sadsters" and "first-rate gloom-raiders" while Berninger himself has been singled out by the L.A. Times for finding "100 shades of morose" and by *Entertain-*

Quote

"It became clear that there's no way we were ever going to prove otherwise."

Matt Berninger

Talking about how The National has stopped trying to convince people about what kind of band they are.



Matt Berninger, lead singer for The National, talks about the band's reputation. MICHELLE SIU/THE CANADIAN PRESS

ment Weekly as sounding "badly in need of Paxil." In some cases, those statements were meant as compliments.

And Berninger, the soaring singer with the expressive baritone as deep as the ocean floor, has learned to stop being irritated by the feedback.

"For a long time, we tried to fight against the idea that we're a sad, depressing band — and I've never thought of us that way — but it became clear that there's no way we were ever going to prove otherwise," he said.

And yet, he quickly glides into a familiar argument against the band's apparently suffocating somberness.

"I think it has the opposite effect for most people

who pay attention," said the thoughtful frontman. "Because singing about melodrama and sadness and depression and romance and social anxieties and whatever they are, have been my ways of embracing them and kind of making something fun out of them and helping me deal."

"The songs about that stuff, I find them to be very soothing and leave me feeling the opposite way, leave me feeling relieved. I think most people who pay attention to our band and have followed us don't think of us as depressing and think of us as the opposite too. But on a cursory level, yes, our songs are not light pop songs."

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Jessica Walter returns as the booze-fueled matriarch Lucille Bluth on *Arrested Development*. HANDOUT

Get her a vodka rocks, Lucille Bluth is back and ready to go

Arrested Development.

Jessica Walter's 50-year acting career has entered a renaissance, and she's grateful for it

TODD
GILCHRIST
Metro World News

By her count, Jessica Walter has been a member of the Screen Actors Guild for 50 years, a period of time that encompasses a vast body of work — dramatic (*Grand Prix*), suspenseful (*Play Misty For Me*), supernatural (*Dr. Strange*) and, most recently, comedic (*Archer*). But for Walter, the forthcoming return of *Arrested Development* offers a reassuring reminder that her career has transcended not just different genres, but different generations.

"Certainly demographical-

ly, there are probably people who thought I was dead," Walter says candidly. "I have people that are my age and older who know who I am, who remember some of my work from the old days, and then I used to get, 'Wow, my mother really likes you.' Then I'd get, 'My grandma really likes you.' And now I get 'I really like you!' So how can I be unhappy about that?"

According to Walter, who plays boozy matriarch Lucille Bluth, virtually every line of dialogue in the 15 new episodes creator Mitchell Hurwitz wrote has a double (or even triple) meaning, much like those in the 53 episodes of the show that were broadcast during its three seasons on Fox. But because each episode now focuses on a different character, instead of simply following Jason Bateman's Michael Bluth, conversational contexts shifted frequently — a change that provided a considerable challenge for Walter and her co-

No writer's block here

"The thing about our show, which I think you probably realize from watching it, is that the writing is so character-specific."

Jessica Walter
On *Arrested Development*.

stars as they navigated their way through Hurwitz's latticework of plot strands and one-liners.

"We didn't know a whole lot, a lot of the time, which makes it much more difficult," she admits. "In the end, it all worked out, but it's a strange way to work because you don't have all of the materials."

Still, the actress says she slipped easily back into the role, even after a seven-year hiatus between the show's cancellation and its rebirth on Netflix.

"The thing about our show, which I think you probably realize from watching it, is that the writing is so character-specific," she observes. "Once I heard Tony (Hale's) voice and once I saw him, there he was with the hook and his pathetic demeanor, he was my little Busty again."

Between Lucille on *Arrested Development* and Mallory Archer on *Archer*, Walter finds herself in the midst of a remarkable career renaissance, a fact she's grateful for, regardless of whether people know her prior to playing these cantankerous, irresistibly manipulative mothers.

"I'm so glad they think of something," she says humbly.

"At my age I'm privileged that they think of something, so it doesn't bother me a bit if they think of me as Lucille. And people have been really nice — they don't seem to think of Lucille as horrible, thank God. But as long as they're thinking of me, it makes me happy."



Kristen Stewart PHOTOS: GETTY IMAGES

KStew and RPattz: Never, ever getting back together?

In the wake of her split from Robert Pattinson, Kristen Stewart is apparently seeking the counsel of a pal who's something of a breakup specialist. The Twilight star was spotted heading to Taylor Swift's Beverly Hills home earlier this week, according to PopSugar. Stewart reportedly "spent

all day there" before heading home. This comes after Pattinson was seen removing his possessions and dogs from Stewart's house. "She tried, they both tried," a source tells Us Weekly of the split. "They're both good people. It was just not the right thing for either of them right now."



Angelina Jolie and Brad Pitt

Brad and Angie: Still gaga

Brad Pitt and Angelina Jolie aren't afraid to show their affection for each other—even if their kids protest, to hear Pitt's pal, Frank Pollaro, tell it. "Once I walked in and Angie was standing there and Zahara walked up and said, 'Daddy, you're not ing

to start making out with Mommy again, are you?" Pollaro tells Esquire. "And it's like that. This is a guy who has tried not to do any sexy scenes with other women since he's met Angelina. He's crazy about her, and she's the same way about him."

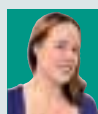
METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Things just got 'real' for this house wife



THE WORD
Dorothy Robinson
scene@metronews.ca

The Real Housewives of the OC star Tamra Barney joins the ranks of Bethenny Frankel and Kim Zolciak as Housewives who have gotten their own Bravo show. The divorced

mother of four's new show will centre around her wedding to fiancé Eddie Judge, which will be held this summer in California. The two are then opening a gym together (of course they are).

So far, the show has no title, but the spin-off is a no-brainer, according to RadarOnline. "For Bravo, she has it all: the romantic storyline of getting married, for a third time, the drama with the other OC Housewives and she'll inevitably be a beautiful bride, when she walks down the aisle," a source tells the site.

Twitter



@ABFoundation

When I am in Europe, I realize how behind the rest of the world the US is vis a vis renewable energy...



@MissKellyO

I swear to god I have spent the better part of a day staring at the wall the antibiotics the DR put me on are so strong!



@sethrogen

I finally joined Facebook! To make up for lost time, I made a tutorial vid showing how to roll a CROSS JOINT!



Will Smith

Is Will Smith going to get jiggy with Kanye West?

Will Smith may be heading back to the music world, and if he does we have Kanye West to thank.

"I've been messing around with Kanye," Smith tells HipHollywood.com.

"We went in the studio a couple times, so I might get the bug. I'm not going to do it unless I'm truly inspired, but (Kanye has) been pushing me a little bit."

Smith has not released any music since 2005.

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Double-duty denim

This spring, denim comes in patched looks that are one part '60s hippie and one part '90s grunge (with a touch of '80s Marty McFly)

KENYA HUNT

Metro World News in London



3.1 Phillip Lim

Chambray pants, \$425, netaporter.com

Madewell

Two-tone chambray shirt \$88, madewell.com



Reiss

1971 Robbie shirt \$170, reiss.com



Zara

Jeans, \$80, zara.com

MiH

Jeans, \$235 netaporter.com



Real world application

A test run

Every season offers a new interpretation of denim, some easier to pull off than others.

Last year's look

— those ubiquitous leopard spots — were harmless and versatile. But this season brings some more challenging fare — neon tie-dye anyone?

On the surface,

two-tone jeans look like they'd be dangerous, placing you in ironic, hipster, try-too-hard territory. But they're actually versatile, striking a good balance between right-now and

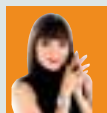
still-stylish-later.

I chose a pair by the British label Made in Heaven because they did just that, plus, they're just skinny enough without preventing one's ability to

breathe. I wore mine with a graphic blouse, tailored coat and pumps, an outfit that successfully took me from the office to dinner with friends afterward.

KENYA HUNT, MWN

Twitter



JEANNE SPACE

Jeanne Beker
life@metronews.ca

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Feeling super chic in my cap+gown, with my honorary doctorate @SMUHalifaxNews



With the fabulous @Marcilen @EDITbyJeanneB showroom in #Montreal on Chabanel St. For @CTVCanadaAM

The Kit

Canadian street style

Spotted in: Ottawa

Sandra
TD Canada Trust Employee
Age: 21

What she's wearing
Aritzia Sweater, jean jacket from Garage, paisley scarf from the market in downtown



Ottawa, leggings from American Apparel, and Combat Boots from Spring.

Her inspiration

"I am inspired by my mood! I dress according to how I am generally feeling when I get up!"

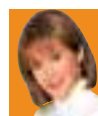
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Get the little ones chopping, stirring and stuffing dinner

Sweet Bell Peppers Stuffed with Spaghetti, Tomato and Prosciutto



This recipe serves six. Each serving contains 380 calories and 10 grams of fat. MARK SHAPIRO, FROM ROSE REISMAN BRINGS HOME LIGHT PASTA (ROBERT ROSE)



ROSE REISMAN
for more, visit
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her on twitter @rosereisman

This is a great vegetable or main course dish. The stock and milk sauce replaces traditional white béchamel sauces, which contain excess calories and fat.

1. Preheat oven to broil. Broil peppers in oven or grill for 15 minutes or until charred, turning often. Let cool for 5 minutes. Remove tops of peppers and save. Peel skin and de-seed, leaving whole pepper intact. This can be done under cool running water.

2. Cook pasta in boiling water according to package instructions or until firm to the bite. Drain and place in large bowl.

3. Make the sauce: In large nonstick skillet, heat oil; sauté garlic and onions until soft,

For your phone

Great British Chefs Kids (iPhone/iPad; free)



MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

With this kid-friendly cookbook, little hands can make impressive

meals. British Chefs offer 102 easy recipes. There's Rice Krispie fish fingers, curly kale lasagna, fruit rockets, pizza hearts, and Fishgetti.



approximately 3 minutes. Add tomatoes and cook for 1 minute.

4. Meanwhile, combine stock and flour in small bowl; add to tomato mixture and simmer just until sauce thickens slightly, approximately 3 min-

utes, stirring constantly. Pour over pasta; add basil, margarine, prosciutto and cheese. Mix well. Stuff peppers until full, saving remainder as a side dish. Place pepper top over pasta, to act as lid. **ROSE REISMAN BRINGS HOME LIGHT PASTA (ROBERT ROSE) BY: ROSE REISMAN**

Ingredients

- 6 medium sweet bell peppers (green, red and/or yellow)
- 12 oz spaghetti
- 1 1/4 cups cold chicken stock
- 1 tbsp all-purpose flour
- 1/4 cup chopped fresh basil
- 1 tbsp margarine or butter
- 1/2 cup chopped prosciutto or ham
- 3 tbsp grated Parmesan cheese

Sauce
• 2 tsp vegetable oil
• 2 tsp crushed garlic
• 3/4 cup diced onions
• 1 3/4 cups diced tomatoes

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After keeping a close eye on the interiors of *Mad Men* and *Downton Abbey*, a chic bar cart is a staple furniture item, whether you live in a modern home or a traditional estate. Having a handy roll away cart to entertain is an impressive way to serve up cocktails. Here's a lineup of brass drink carts — from traditional to modern in style. Not since the '60s and '70s have we seen brass so chic. And although we may consider gold metal tones as traditional, we now have a whole new appreciation for this tone of metal.



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Liberations Bar Cart

Simple industrial cart design gets glamorized with rubbed brass and leather. \$775, crateandbarrel.com



5

reasons why the brass bar cart is making a return

Beckett Bar Cart

Reminiscent of a sturdy serving cart from a European hotel. \$1,240, williams-sonoma.com



San Miguel Trolley

Faux-bamboo detailing and bumper-front curves will keep the traditionalists happy when entertaining. \$700, bombay.ca



Milo Bar Cart

1950's modern style adds clean lines to the bar service and is the perfect addition to the mid-century modern condo. \$950, restorationhardware.com



Connaught Antique Brass Bar Cart

Scaled-down size makes the perfect cart to be used for serving drinks or in a master bath to hold towels. \$1,600, upcountry.com



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Easy energy savings for homeowners



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Ontario Real Estate
Association Board

Getting energy smart is always in style and now's the time to start implementing practices to make your home as cool, comfortable and sustainable as possible this summer.

As a homeowner, there are clear benefits to saving energy, including leaner utility bills and the creation of a sustainable indoor environment for your family. But increasingly, home buyers are very conscious of efficiency. Buyers don't want to deal with the cost and upkeep associated with an inefficient home any more than homeowners do. With that in mind, here are some tips for homeowners to keep energy use (and costs) down this summer:

Replace air conditioner filters

Dirty filters restrict airflow and can cause the system to run longer, increasing energy use. Get your air conditioner tuned up on a regular basis — you can clean the outside compressor

with a hose, removing debris that impedes air flow. If your air conditioner needs replacing, invest in an energy efficient model.

Swimming pool filters and cleaning sweeps

Reduce the operating time of your pool filter and automatic cleaning sweep to four to five hours, and only during off-peak hours.

Get planting

Strategically planted trees and shrubs will help keep your home cool and, according to the Ontario Ministry of Energy, planting a tree or shrub to shade your central air conditioner can improve the unit's efficiency by up to 10 per cent.

Seek shade

Install patio covers, awnings, and solar window screens to shade your home from the sun and remember to close your blinds and curtains during the day (this can block up to 65 per cent of incoming heat).

Go with the flow

Install a ceiling fan and make

sure it runs in a counter-clockwise direction to help circulate a breeze throughout your home.

Use cold water

Whenever possible, wash laundry in cold water. Almost 90 per cent of your washing machine's energy consumption comes from heating water. Hang clothes to dry.

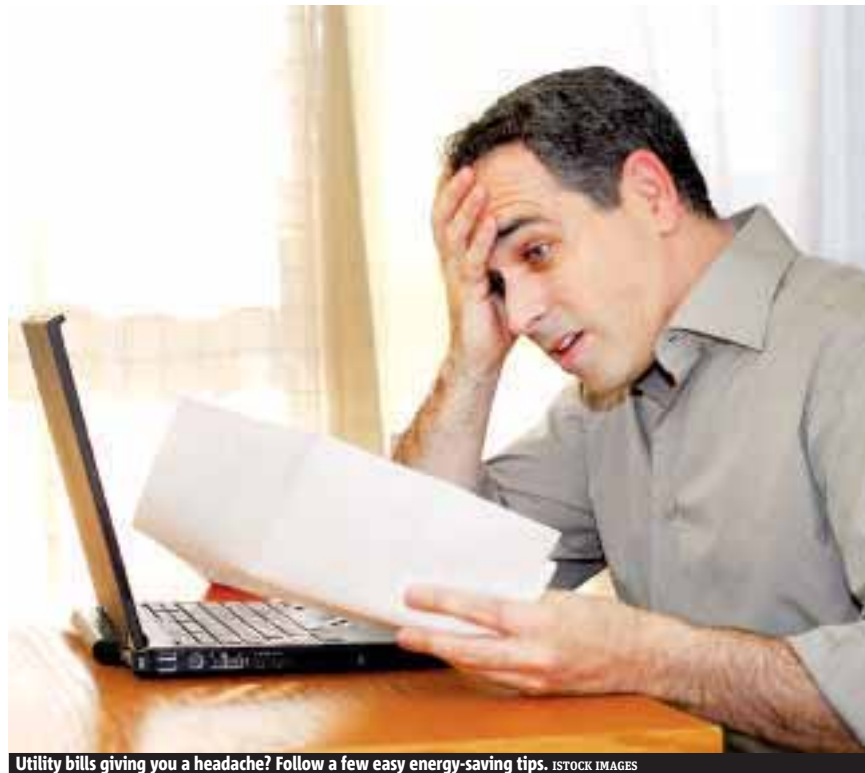
Reduce cooling

Open windows at night and use fans to blow in cool air. During the day, close your windows. When you aren't home, set the thermostat a few degrees higher.

Clear out of the kitchen

Your stove and oven not only use energy but they heat up your home. No better reason to fire up the grill or brush up on light meals that don't require cooking.

This summer, challenge your family to get smart when it comes to saving energy. Improving the efficiency of your home doesn't have to be overly expensive or labour intensive.



Utility bills giving you a headache? Follow a few easy energy-saving tips. ISTOCK IMAGES

Questions you should ask your real estate lawyer

Visiting a lawyer is often reserved for major life milestones, such as purchasing a home.

It is always best to have that contact as early as possible in the home buying process, even before you sign the agreement of purchase and sale, to benefit most from your lawyer's information, advice and insights.

"Since this is typically an infrequent event for most Canadians, it's important that you have an open and fruitful conversation with your lawyer as soon as possible," says Ray Leclair, vice president of public affairs at LAWPRO. "Make sure that you provide your real estate lawyer with all the facts, including your plans and reasons for selecting the property you would like to buy. This will ensure that all potential issues are addressed."

Be ready to ask questions, such as:

- Have all building permits and final inspections been obtained for the home?
- Should you get a new property survey?
- Should you buy title insurance? What does title in-



"Should I buy title insurance?!" ISTOCK IMAGES

surance do for you?

- Which due diligence searches will be undertaken and which will not? Why?
- Would you benefit from an alternate home ownership arrangement where you split ownership with a co-owner, based on your family situation?
- Will you need permits or other legal approvals to renovate/add to your home or another property?
- Is anything preventing you from renting out a part of

your home or running a business from your home?

- What is power of attorney, and should you have one?
- Should you have a will prepared, now that you will own a major asset?

With this first conversation under your belt, it is important to develop a good relationship and regular contact with your lawyer. They can provide valuable insights and ensure you make educated decisions. **NEWS CANADA**

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HOW TO CHOOSE AN APARTMENT

There are a lot of choices out there when looking for an apartment. Here are six tips from marketing consultant Sheryl Erenberg who specializes in rental communities:

How attractive is the exterior of the building? This is called "curb appeal" in the industry. Are the grounds kept? Are the hedges trimmed? Is the grass cut and are the flowerbeds planted? Is the building sign visible and up to date? If the property looks neglected, the chances are good that tenants will be too.

Find the person who does rentals. It shouldn't be an obstacle course or an episode of CSI to get from the parking lot to the person who rents apartments. This is called The Golden Path to the product. The path should be clean, well-lit and have plenty of signs along the way. Ideally, a sign above the entry phone panel should tell you who to call.

First impressions are important. Are you made to feel welcome when you arrive? How hard is the person representing the building trying to assist you? Encourage you to rent?

If they are distracted or unpleasant would you want to live there? Trust your instincts.

Watch and listen to how the staff interact with one another. Do they appear to be working as a team? Listen to the radio chatter if you have the chance. Is the conversation between employees pleasant? Professional? A lot can be learned about the landlord by who they choose to represent them and how they train/motivate their employees.

Yes, you can predict the future. If, while they are with you, the staff come in contact with an existing tenant, listen carefully to their tone of voice, their willingness to assist that customer and watch their body language. Do they know tenants by name when they meet them in the building? How effectively do they handle complaints? This could be you next month or next year.

Take the lobby test. After your visit, sit in the lobby and do an informal survey by asking passing and waiting tenants how long they've lived at the property and whether they would recommend it. A good sample for your survey is five to seven people.

Article courtesy Sheryl Erenberg. Erenberg is president of Sheryl Erenberg and Associates. Her marketing consulting firm specializes in marketing communities. Visit sherylerenberg.com

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FAMILY PLANNING



CONTRIBUTED

BE PROACTIVE, CONSCIOUS OF YOUR FERTILITY AT AN EARLY AGE

The face of infertility often looks like this — young, attractive, employed, fit and inexplicably unable to conceive. Much like that of Danielle Xavier, 30, of Toronto.

Xavier started planning for her future

family in her 20s. Xavier says she started thinking about her fertility early for a couple of reasons. Ten years ago, during a regular checkup, she had some abnormal cells come back positive for cervical can-

cer. The cells were promptly removed, but she always had pain during ovulation that was never fully explained. Her doctor was proactively monitoring Xavier when she began dating her future husband, Sean.

At 25, the Xaviers began trying to start a family, but nothing was happening so Danielle was concerned. Her doctor immediately took action. She started fertility treatments right away.

"In the pit of our stomachs, we knew that if we did not start early enough we may risk waiting too long and miss an opportunity. I was 25 years old and going through infertility treatments."

Xavier says people often said that she was too young to worry about infertility. They made comments such as, "Oh, you have lots of time."

Xavier is now 30, works at a successful logistics company, and still has unexplained infertility. Together, she and her husband have exhausted a lot of the treatments and financial resources, too.

"Now, nobody makes those comments any more. As a matter of fact, if I had not taken it so seriously and not done everything we have done so far, then who knows where we would be? It was only because my doctor, my spouse and I were proactive that we even have a chance to save up for IVF before it's too late."

The Xaviers are still working their way through the emotional journey of infertility, but both feel their options would have been severely limited if they had waited until their 30s to start inquiring about fertility.

"Being proactive and conscious of your fertility from an early age is one way to alleviate some of the pain of this experience."

SURVEY REVEALS GAPS IN FERTILITY KNOWLEDGE

So you know all about the birds and the bees and the basics of biology, but what about your own fertility?

According to a new survey, many women are missing important information that can help them take a more proactive role in family planning.

A recent survey of female members of the Metro Panel, a reader advisory board of Metro News Group, sponsored by EMD Inc., Canada revealed that only 39 per cent of respondents are confident they know enough about their fertility in order to successfully plan for a family.

"The results of this survey confirm that there are still major knowledge gaps that exist that impair a woman's ability to take charge of her fertility," says Gloria Poirier, acting executive director for the Infertility Awareness Association of Canada (IAAC).

One major area of misconception is the age at which a woman's fertility begins to decline. Of the group surveyed, 27 per

cent mistakenly believed that fertility drops after the age of 40. As many as eight per cent of those surveyed thought fertility does not decline until after age 50, or even at menopause. In fact, a woman's fertility declines much earlier in life, at around age 28.

"A woman is born with all the eggs she will produce and fertility begins to decline much earlier than people think," says Dr. Arthur Leader, professor of obstetrics and gynecology at the University of Ottawa and founding partner of the Ottawa Fertility Centre.

There were some positives in the survey results. A majority (56 per cent) agree that infertility is a medical condition and an overwhelming number of people (73 per cent) said they would consult their GP if they had questions about fertility. Yet, less than 10 per cent of respondents have had their fertility tested.

When it came to questions about in vitro

fertilization, which is often the most effective treatment and sometimes the only way infertile couples can conceive, the answers were highly inaccurate. Only 25 per cent of respondents guessed the price tag of IVF at \$5,000 to \$10,000. And more than half (55 per cent) said if they needed treatment they would have no idea how to pay for it.

Leader notes a few things women can do to preserve fertility. Diet and exercise contribute to overall health.

"Exercising won't make you more fertile, but lifestyle choices like not smoking, drinking less than two alcoholic drinks per week, protecting against sexually transmitted diseases and maintaining a good body weight are key to protecting a woman's fertility."

Leader encourages a woman to see her doctor right away if she has concerns.

Your doctor can order tests, funded by OHIP, to help identify any risks in your ability to conceive.

RESOURCES

The following Ontario-based organizations offer resources for people struggling with infertility and advocate for better awareness and access to fertility treatments:

Infertility Awareness Association of Canada (IAAC) — iaac.ca/

Conceivable Dreams — conceivabledreams.org/

Canadian Infertility Awareness Week is May 19-26. Many groups and organizations are hosting a variety of events to boost awareness.

Follow the #ohip4ivf conversation on Twitter (twitter.com/iaac_acsi/ or twitter.com/ohip4ivf) and Facebook (facebook.com/conceivabledreams/ or facebook.com/pages/Infertility-Awareness-Association-of-Canada/).

'When we play pissed off, we play better'

Memorial Cup. Knights forward Broadhurst says playing angry should help Knights rebound from 9-2 loss to Halifax



JOHN MATISZ
john.matisz@metronews.ca

Alex Broadhurst doesn't want it to end. Not this way.

The crafty London Knights centre vows Tuesday's remarkably poor outing versus the Halifax Mooseheads — a 9-2 thumping on national TV — will be a catalyst.

"You don't want to forget about it," Broadhurst said Wednesday. "You want to use it to fuel the fire. You have to get pissed off. When we play pissed off, we play better."

The Knights, who finished 1-2 in Memorial Cup round-robin play, will have their backs against the wall Thursday in a tie-breaking game. The winner advances to the national tournament's semifinal on Friday.

Notes dissecting what went wrong in the seven-goal wallop could fill a novel. The defeat represents rock bottom for the Knights.

A summary: London granted the Mooseheads about 10 odd-man rushes; pinched at inappropriate times; missed tape-to-tape passes; and didn't flaunt its usual collective confidence.

"That's something I never want to be part of again," said Broadhurst, a native of Orland Park, Ill. "It's embarrassing.



Halifax Mooseheads forward Darcy Ashley knocks the puck in past Knights goalie Jake Patterson during London's ugly 9-2 loss on Tuesday night at the Memorial Cup in Saskatoon. LIAM RICHARDS/THE CANADIAN PRESS

Guys lost hope when we were down by five or six."

It was 5-0 after 20 minutes — undoubtedly a punch-in-the-face wake-up call for the Ontario Hockey League champs. But they still lost the final two periods by a combined score of 4-2.

London watched extensive video from the 9-2 defeat on Wednesday before suiting up for a brief practice.

Broadhurst, 20, says the footage highlighted the team's lack of effort on the back-check, the few blocked shots it managed, and the many out-of-position moments.

Ugly Knights numbers

In the Memorial Cup:

- **Forward Max Domi** has one point in three games.
- **Defenceman Tommy Hughes** has a minus-5 rating in three games.
- **Goalie Jake Patterson** has a .667 save percentage in 32 minutes.

Although the numbers are cringe-worthy — nine goals on 37 shots — it would be unfair

to add "poor goaltending" to the pile.

Both starter Jake Patterson and his relief, Anthony Stolarz, were hung out to dry on the bulk of Halifax's goals.

The Knights — winners of 67 of 92 total games played this season — are facing adversity for a second time this month.

In the OHL final, it was coming back from a 3-1 series deficit to be crowned league champions.

Now they'll have to bounce back from a poor Memorial Cup showing and string together three consecutive wins.

Vigneault fired

Canucks to bring new voice behind their bench

Vancouver Canucks coach Alain Vigneault has paid the price for his team's early exit from the playoffs.

The club fired Vigneault and assistants Rick Bowness and Newell Brown on Wednesday, as the expected fallout from the Canucks' first-round sweep at the hands of the San Jose Sharks finally came to pass.

The Canucks' all-time leader in coaching wins, Vigneault led the club to six Northwest Division titles, two Presidents' Trophy titles and an appearance in the 2011 Stanley Cup final. **THE CANADIAN PRESS**



Alain Vigneault THE CANADIAN PRESS

NFL

Offences need fear Urlacher no longer

Brian Urlacher wasn't sure how dominant he could be any longer, so he's calling it a career after 13 seasons with the Chicago Bears.

And what a career it was:

- Eight Pro Bowl seasons.
- Defensive Player of the Year in 2005.
- A trip to the Super Bowl as 2006 NFC champion.

And now, it's over. Urlacher announced his retirement through social media accounts Wednesday. **THE ASSOCIATED PRESS**

Bautista extra special in Jays' win over Rays



The Jays celebrate Jose Bautista's walk-off single in the 10th inning of their 4-3 win over Tampa Bay on Wednesday in Toronto. DAVID COOPER/TORSTAR NEWS SERVICE

Jose Bautista homered twice and drove in Colby Rasmus with the winning run in the 10th inning to give the Toronto Blue Jays a 4-3 come-from-behind win over the Tampa Bay Rays on Wednesday in Toronto.

Rasmus reached on an infield single, moved to second on a sacrifice bunt by Emilio Bonifacio and advanced to third on a grounder by Munenori Kawasaki. Rasmus scored when Bautista singled off Rays reliever Kyle Farnsworth.

On Wednesday

4

Blue Jays

3

Rays

An inning earlier, Bautista — who had four hits and four RBIs — hit a game-tying blast off Tampa Bay closer Fernando Rodney. Reliever Aaron Loup

(2-3) picked up the victory as Toronto improved to 19-27 by taking the rubber game of the three-game series.

Tampa Bay (24-22) had taken a one-run lead in the top of the ninth. Evan Longoria hit a one-out double off Toronto closer Casey Janssen and scored on James Loney's single.

Bautista answered in the bottom half with his second rainbow shot to left field of the game. The Toronto slugger now has 11 home runs on the season. **THE CANADIAN PRESS**

Horoscopes

Aries

March 21 - April 20

Chances are you will waste a considerable amount of time today doing nothing. And why shouldn't you? You can't be a live wire Aries every day of the week. Goof off, but only a little.

Taurus

April 21 - May 21

Why are you using up so much energy trying to change things you know cannot be changed? Yes, OK, your sense of purpose is impressive but there comes a point when it just becomes stupid. Give it up.

Gemini

May 22 - June 21

Sometimes it's not wise to dig deeply, especially in areas where people's secrets are concerned. If nothing else, it gives people an excuse to do a little digging in your affairs too.

Cancer

June 22 - July 23

If your instincts tell you that something is wrong, you must not allow loved ones to persuade you otherwise. You are entitled to your point of view and you don't have to change it for anyone.

Leo

July 24 - Aug. 23

Try to resist the urge to spend your hard-earned cash on things you don't really need. Yes, of course, there are more important things in life than money but that does not mean you should throw it away.

Virgo

Aug. 24 - Sept. 23

There is something a partner needs to be told and you know it is you who must tell it. You also know they won't be happy to be made to face up to the truth. It's for their own benefit.

Libra

Sept. 24 - Oct. 23

You need a change of scene, so if you get the chance to go somewhere different today, even if it's just a walk round the block, take it. A new environment will give you a new perspective on your problems.

Scorpio

Oct. 24 - Nov. 22

Whatever setbacks you may have experienced recently, your long-term outlook is good so stop worrying. You may find that hard to believe but the planets don't lie.

Sagittarius

Nov. 23 - Dec. 21

You may be tempted to open your heart and let everyone know how you feel but is that a bright idea? There are people out there who would happily use your honesty against you.

Capricorn

Dec. 22 - Jan. 20

The most important thing over the next few days is that you have faith in yourself. Talent and experience are important, of course, but self-belief trumps everything.

Aquarius

Jan. 21 - Feb. 19

You may have to say something to a friend that sounds a bit harsh but it is for their own good. They will be stronger for it in the long-term — and they will always remember it was you who made it possible.

Pisces

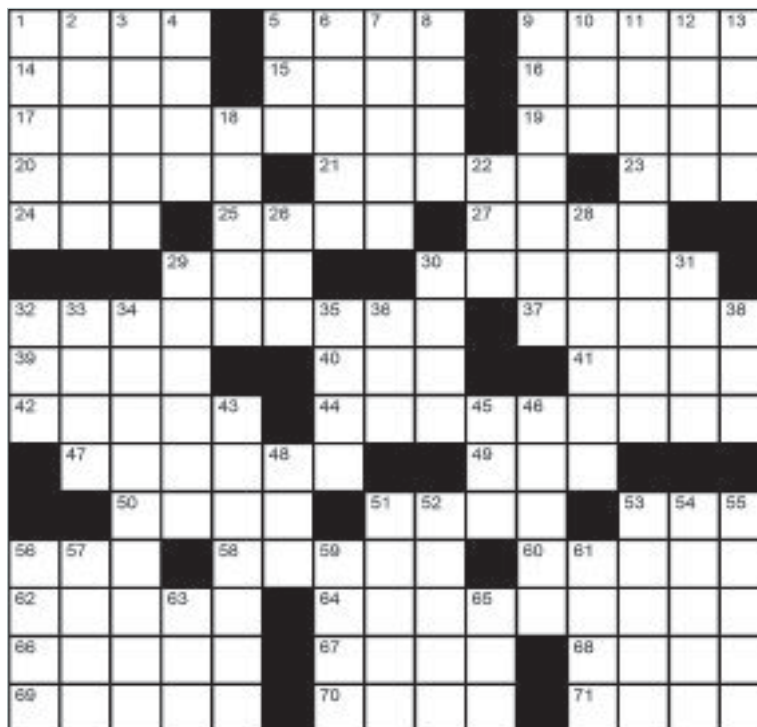
Feb. 20 - March 20

Be careful you don't jump to conclusions today, especially if you are the kind of Pisces who thinks more with your heart than your head. Give others a chance to explain before you pass judgement. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- Be unwilling/complain
- Computer company
- Upper Fort ___ (Historical site in Manitoba)
- Fertilizer ingredient
- Timbuktu's locale in Africa
- Permeate
- Vancouver's ___ Island
- "___ Fat Greek Wedding" (2002): 2 wds.
- Los Angeles basketball
- Snake's toxin
- HS subject
- Winding shape
- Candid
- Billboard
- Note before Lah
- Pour-out wine
- New Brunswick city
- Actor Chris of "American Pie"
- Take ___ dancing lesson
- Regret
- Sgt. Snorkel's comic strip dog
- Mow the grass shorter
- Johnny Depp's frequent movie director: 2 wds.
- 'Synthetica' is this Canadian band's current album
- Sort of tribute
- Workshop implement



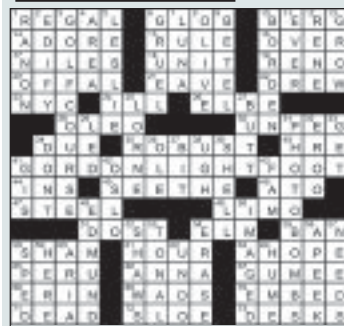
- Garbage bag brand
- Bird that's a thief
- Auto
- Actor Mr. Davis
- Ahead of time
- Visibly stunned
- French ___, as per education
- Nouveau ___ (\$\$\$)
- Its capital is Muscat

- Terrible tsar
- Gambling card game
- R&B singer, ___
- Singer Ms. Dobson
- Military instrument
- Rich tapestry
- Drip-drops
- "Citizen ___" (1941)
- "Who ___ to say?"

- Birth a bovine
- "Grey's Anatomy" star Ms. Pompeo
- Zippo ...mais en francais
- Marketing play, for instance
- Canadian singer/songwriter Ms. Sky
- 11th Prime Minister, from 1930 to 1935: _ _ _

- Destroy
- Safe-cracker
- High speedster's sound
- Suffix with 'Lact'
- ___ Beta Kappa
- Apienty
- Canadian cheese giant since 1954
- Per ___ (Daily)
- Musician Mr. Puente
- Impair
- Detail
- NASCAR venue
- Federal org. concerning broadcasting
- Aujourd' ___ (Today, in French)
- ___ stick frying pan
- "Raise a Little Hell" band
- ___ constrictor
- Bovid bag
- French pronoun
- "That's mine!"
- Catrina ___ Doan, Canadian Olympian/broadcaster
- Ambition
- "We need ___ of bread." ...said the store-stuff needer
- Kathleen ___, Premier of Ontario
- Kind of fish
- Currency exchange fee
- Priory of ___
- "Like, that's ever going to happen.": 2 wds.
- "___ Loves You" by The Beatles
- Roxy Music's Brian

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

9	6	2	5	1	4	7	8	3
8	3	1	9	6	7	4	2	5
5	7	4	8	2	3	6	9	1
2	5	7	3	4	1	9	6	8
6	8	3	7	8	2	1	5	4
4	1	8	6	9	5	2	3	7
1	8	9	4	5	6	3	7	2
3	4	6	2	7	8	5	1	9
7	2	5	1	3	9	8	4	6

1			7					4
	6			2	3	8		
	5		4	3				
	8					1		
3		7				6		2
		9					5	
				5	3		4	
	2	3	8				1	
4				1				9

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Friday

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